



SHUTUP&DANCE 2010

THE DANCERS OF PENNSYLVANIA BALLET

FOR PRESS INQUIRIES CONTACT:

Meg Rider, MANNA
Director of Events and Communications
Cell: 215-313-1903
Office: 215-496-2662 x115
mrider@mannapa.org

FOR TICKET INQUIRIES CONTACT:

Meg Paszko, MANNA
Development Associate
Office: 215-496-2662 x138
mpaszko@mannapa.org

FOR IMMEDIATE RELEASE – February 1, 2010

SHUT UP & DANCE 2010
18th ANNUAL PERFORMANCE TO BENEFIT MANNA
AT THE FORREST THEATRE ON MARCH 20

PHILADELPHIA, PA — **MANNA** (Metropolitan Area Neighborhood Nutrition Alliance) celebrates the 18th annual performance of **Shut Up & Dance**, a one-night-only benefit presented by **dancers of Pennsylvania Ballet** and sponsored by **Toppers Spa Salon**, featuring original works choreographed and performed by the dancers. Hosted by WXPN Morning Host **Michaela Majoun**, the performance will be held at **The Forrest Theatre** located at 1114 Walnut Street on **Saturday, March 20, 2010 at 8:00 p.m.** Each **Shut Up & Dance** ticket purchased will provide more than 20 meals to a MANNA client coping with a life-threatening illness such as HIV/AIDS, cancer, diabetes and renal disease.

Don't miss this original, spirited, funky performance and the exclusive parties held before and after the performance. Tickets for the **Shut Up & Dance** performance are available for **\$35, \$75 or \$100**. The **Pre-Party at The Forrest Theatre** begins at 6:00 p.m. and features a lavish cocktail party with delicious food and drink. Patrons who select the pre-party option will also receive a premium seat ticket at **\$200** per person. All ticket holders are invited to join the dancers for the **After-Party at Voyeur Night Club**, featuring **DJ Robert Drake (WXPN/Sex Dwarf)**, at 1221 Saint James Street immediately following the show. Admittance to the after-party is free to **Shut Up & Dance** attendees with ticket stub. Tickets go on sale **February 1, 2010** and can be purchased at www.mannapa.org/sud or by calling **215-496-2662 x138**.

In 1993, dancers of Pennsylvania Ballet were wondering what they could do to respond to the HIV/AIDS epidemic. They realized the best thing they could do was "**Shut Up & Dance**." Every year since, the dancers have partnered with MANNA in presenting this one-night-only performance. The dancers choreograph and rehearse each piece entirely in their spare time in what is truly a labor of love for the community. "For 18 years, dancers of Pennsylvania Ballet have poured their heart and soul into this one-night-only performance," said **Richard Keaveney**, CEO of MANNA. "Through this labor of love, MANNA clients receive the nourishment, care and counsel they need to improve their health and quality of life. I encourage everyone to attend the performance on March 20 and be a part of something truly special."

Shut Up & Dance will delight the audience with original, creative performances. Choreographers scheduled for this year's performance include Pennsylvania Ballet company members **Adrianna deSvastich, Sarah Hay, Jermel Johnson, Nicholas Sipes, Francis Veyette** and **Ian Hussey**. Members of **Pennsylvania Ballet 2** scheduled to choreograph are **Eric Trope** and **Alex Ratcliffe-Lee**, along with former Pennsylvania Ballet dancer **Alyson Pray**. "*Shut Up & Dance* is truly a unique night for Philadelphia. One of the best nights of dance and entertainment all year, for one of the best causes in the city," said *Shut Up & Dance* Producing Director **Jonathan Stiles**.

Dancers of *Shut Up & Dance* 2010*:

**Rebecca Azenberg
Edward Barnes
Lara Clemens
Daniel Cooper
Caralin Curcio
Lillian Di Piazza
Lauren Fadeley
Molly Flippen**

**Tyler Galster
Sarah Hay
Jermel Johnson
Rachel Maher
Elizabeth Mateer
Abigail Mentzer
Brooke Moore**

**Alyson Pray
Alex Ratcliffe-Lee
Ryoko Sadoshima
Tyler Savoie
Nicholas Sipes
Kaia Tack
Francis Veyette
Amir Yogev**

*As of 2/1/10

The *Shut Up & Dance* 2010 Virtuoso Presenting Sponsor is **Toppers Spa Salon**, with media support from **WXPB**, and the generous support and cooperation of **Pennsylvania Ballet**.

ABOUT MANNA

Especially for people at acute nutritional risk due to life-threatening illness, MANNA prepares and delivers delicious nourishing meals and counsel, empowering individuals to battle illness and improve their quality of life. A small professional staff and 1,500 dedicated volunteers bring more than 70,000 nutritious, home-delivered meals each month to individuals and families living with HIV/AIDS, cancer or other life-threatening illness. MANNA dietitians promote wellness through nutrition education and counseling. Through these services, MANNA provides opportunities for caring people to extend loving support to families, friends, and neighbors. For more information about MANNA, visit www.mannapa.org or call 215-496-2662.

PHOTOS AVAILABLE UPON REQUEST

Please note: MANNA (Metropolitan Area Neighborhood Nutrition Alliance) should always be written or printed in capital letters.

Fair Market Value (FMV) of tickets is as follows: \$35 ticket (FMV \$25), \$75 ticket (FMV \$55), \$100 ticket (FMV \$75), and \$200 pre-party and ticket (FMV \$115). MANNA is a registered 501(c)(3) non-profit organization. The official registration and financial information of MANNA may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania 1-800-732-0999. Registration does not imply endorsement.

#####

MANNA (Metropolitan Area Neighborhood Nutrition Alliance) | The Steven Korman Nutrition Center
2323 Ranstead Street | Philadelphia, PA 19103
P: 215-496-2662 | F: 215-496-1349 | www.mannapa.org